

# GET THE RIGHT CARE, AT THE RIGHT PLACE.

MATCH YOUR SYMPTOMS TO THE RIGHT LOCATION.

## PRIMARY CARE

Comprehensive and Continuous Care

- ✓ Annual checkups
- ✓ Routine immunizations
- ✓ Minor sprains and joint pain
- ✓ Chronic disease management
  - High blood pressure
  - High cholesterol
  - High blood sugar
- ✓ Coughs, colds and sore throats
- ✓ Not life-threatening allergic reactions
- ✓ Minor burns or injuries
- ✓ Mild asthma
- ✓ Mild to moderate stomach aches
- ✓ Rashes or other skin irritations
- ✓ Fevers or flu-like symptoms
- ✓ Back pain
- ✓ Mild to moderate chest pain
- ✓ Rashes or other skin irritations
- ✓ Headaches

Visit [stqn.org/findaphysician](http://stqn.org/findaphysician) to search St. Tammany Quality Network Physicians.

## URGENT CARE

Immediate Medical Attention for Common Illnesses

\* After hours

- ✓ Sprains, broken bones and fractures needing x-ray
- ✓ Lacerations
- ✓ Abscesses \*
- ✓ Urinary pain \*
- ✓ Earaches \*
- ✓ Minor burns, rashes, sunburns and heat ailments \*
- ✓ Not life-threatening allergic reactions \*
- ✓ Mild to moderate stomach aches \*
- ✓ Select immunizations

### West St. Tammany Urgent Care Clinics

#### Covington

1111 Greengate Dr., Ste. B  
985-327-6095

#### Mandeville

2735 US-190 Ste D  
985-778-2510

## EMERGENCY CARE

Treatment for Severe and Life-Threatening Conditions

- ✓ **Stroke** symptoms
- ✓ **Severe** chest pain
- ✓ **Severe** bleeding
- ✓ **Severe** asthma attack/difficulty breathing
- ✓ **Severe** head trauma
- ✓ **Loss** of consciousness
- ✓ **Severe** allergic reaction
- ✓ **Sudden** vision loss or impairment
- ✓ **Severe** abdominal pain
- ✓ **Severe** dehydration

**For all emergencies, visit your local Emergency Department or dial 9-1-1.**

#### Covington

1202 S. Tyler Street

#### Mandeville

2929 Hwy 190

[STPH.ORG/ERWAITTIME](http://STPH.ORG/ERWAITTIME)

